



university of
applied sciences

We are happy to welcome you at NHLStenden University of Applied Sciences in Emmen. Below, you can find some useful information on what is to know before arrival.

Study Buddy Coordinator

Do you feel uncomfortable moving to a foreign country? Are you afraid that you will not know what to do and how things are arranged? No worries! NHLStenden provides every new student with a “Study Buddy”, who will be the contact person to help you out with all your questions and issues. He/she will help you to find your schedule, the study material, to enrol for exams, and of course to inform you about life outside university.



For more information, please contact Julia Huisman (Internationalisation At Home Coordinator, Lecturer): julia.huisman@stenden.com

Study Coach IBL

Especially during your first and second year, you will receive great support through a so-called study coach. Besides your Study Buddy, the Study Coach will help you with your studies and choices. You will have personal interviews in which you can talk about problems you may have and any other topic you would like to talk about. Additionally, you will discuss and evaluate your study progress and personal development.

Feel free to contact your Study Coach: Julia Huisman (Internationalisation At Home Coordinator, Lecturer): julia.huisman@stenden.com

Study Link

Your first step towards your matriculation is your application. Therefore, it is necessary to apply online at studielink.nl. Your documents must have been sent by latest on 31th of August 2018. After filling in your personal details and banking information, you will get notifications about your career programme, the selection procedure and the required documents (Copy of ID, CV, Motivation Letter, etc.)

Having sent all the required documents, NHLStenden University of Applied Sciences will examine if you fulfil all the admission requirements. Please note that delays may be possible!

The tuition fees can either be paid once a year or in instalments.

Do not forget to re-enrol for your 2nd (3rd & 4th) year of your career programme ;-)!



university of
applied sciences

DBE – Design Based Education

Like all NHLStenden students, you will be taught through Design Based Education (DBE). Instead of relying on book learning exclusively, you and your fellow-students will actively seek out knowledge using practical case studies from the relevant work field.

- You will learn how to think in terms of solutions.
- You will develop critical thinking skills.
- You will learn to work as a part of a team and share out tasks.
- You will learn to work methodically, according to a project plan.
- You will develop practical skills such as conducting meetings, giving presentations and taking minutes.

How does DBE work?

You will tackle the course material by focusing on practical issues, which you and a small group of your fellow students will analyse, resolve and discuss afterwards. You set out to find solutions to the problem at hand and collaborate with your classmates to achieve the best results. Throughout this process, you will be supervised by the course tutor, who will intervene if necessary. In your team meetings, you will sometimes be charged with taking the minutes, while at other times you may be required to chair, keep track of the time or write down key information on the whiteboard. This enables you to get experience in a variety of practical roles.

In a nutshell: Design Based Education enables you to acquire a thorough understanding of the theory as well as providing you with practical skills that will prove invaluable during your career.



university of applied sciences

Fraternities

There are four different student fraternities and one Student Union collaborating with each other to improve the student life in Emmen. From parties and trips to advice and help for students.



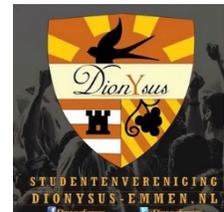
Sesu: Student Union that helps out students and receives feedback or points for improvement about their life at NHLStenden University Emmen.

Global Web: Organizes trips, small festivals and many other (intercultural) events. Some examples include a Trip to Amsterdam, a Trip to Paris, Taste my Country Event, Pub Crawl Groningen, etc.



HBO-Sport: Organises many different sport events including: Tennis and Soccer Tournaments, Karting, Bowling, Water-Ski, Paintball, and many more.

Dionysus: Organizes student parties like recently the Halloween party or the annual Christmas Gala. .



SEFF: The newly established Foodie Fraternity offers students to share their culinary experiences, culture and traditions from all over the world and shares student budget recipes! The fraternity also organizes the international food market in cooperation with Global Web.



iStudy

iStudy is the information centre and library of the NHLStenden University of Applied Sciences. In case you have any problems or questions, the staff at iStudy will be ready to help you with all those matters.

iStudy is open Mo-Fr from 8:00-16:30.
Phone: 0031 (0) 591 853 192
Email: istudy.emmen@stenden.com



!! Closed due to summer break!!

During summer break (Open again on the 13th of August) iStudy Emmen will be closed but the International Office is still available to give you the needed information
IO@stenden.com; +31 (0) 58-2441940



university of
applied sciences

Holidays

The academic year usually starts in the first week of September. The holidays are mostly as follows:

- October: Autumn Holiday (1 week)
- December: Christmas Holiday (2 weeks)
- February: Spring Holiday (1 week)
- May: "Meivakantie"/May Holiday (1 week)
- July/August. Summer Holiday (6-8 weeks)

The dates/time span may vary according to the resits you may have to take. The official academic calendar can be downloaded at www.istenden.com



Emmen

Emmen is a very cosy city with lots of local and international students, which makes it a perfect place to study and live.

Emmen, with its 109.000 inhabitants, is the biggest municipality in the province of Drenthe, located in the northeast of the Netherlands. It is particularly famous for many modern business and industrial parks. Besides that, the area offers many attractions for young and old. Wildlands is the new Adventure park in Emmen, it is worthwhile a visit!! the City of Emmen will renew and renovate the centre of the city and will provide tourists and citizens with even more opportunities to enjoy shopping, relaxing or going out.

The area of Drenthe is also perfect for lovers of nature and sports. It offers lots of recreational activities and events throughout the year; for example Parc Sandur water recreation area, indoor and outdoor swimming pools, sport fields, several sport schools and gyms, etc. The heart of the city offers a variety of stores and malls, as well as restaurants, bars and cafes.



university of
applied sciences

Accommodation

The best way to find a room is to join the Facebook Group: Students' Garage Sale Emmen. This is the biggest Facebook community of NHLStenden, where not only students but also landlords post available apartments and rooms. Many apartments are located in the city centre but also neighbourhoods such as Angelslo and Emmerhout are popular for Students. Most of the apartments are shared living communities with 2-5 flatmates. The distance to NHLStenden varies from 5-15 min. by bike. Supermarkets like Lidl, Aldi, Jumbo and Albert Heijn can be found in every neighbourhood. An average rent would be around 250-350€.

Another possibility to find a room is: www.studentstay.com

Public Transport

Emmen has a great public transport system. Regularly scheduled buses connecting all city districts and locations in the surrounding area; services every hour to Hoogeveen and Assen, and the Interliner express that runs between Emmen and Groningen. All buses arrive at and depart from the central bus and train station in Emmen's city-centre market location. It is possible to purchase a day ticket, with which you can travel through the whole Netherlands for a small amount of money. The closest international airports are located in Amsterdam (Schiphol Airport; 192km) and Düsseldorf (Germany; 200km) and can be reached easily by train.

Registering Town Hall

After finding a nice place to live, it is necessary to be registered as inhabitant of the city of Emmen. This can be done at the local town hall (Gemeente Emmen). Please be aware of the fact, that you will probably need an appointment and bring the following documents: ID, copy of rental contract and an international birth certificate. You will get your BSN (citizen's service number; Burgerservicenummer), which is necessary for several administration acts (e.g. jobs). Your buddy will help you with all the procedures if necessary.

P.S. : It's free ;-)!

Do not forget to give notice of departure when you leave Emmen!